

The European Parliament's Food Information to Consumers Act



Declaration of Ingredients and Allergens 2014 Pies & Savouries

Allergy advice

For allergens see ingredients in bold

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Individual Meat Pies & Plate Meat Pies

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), British Beef 20%, gelatine, carrageenan, potassium chloride, rusk (**wheat**), pepper.

Individual Potato, Plate Potato and 10 portion Potato Pies

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), British Beef 10%, potatoes, onions, colour E150c, **Maize** flour, flavour E621.

Individual Steak and Plate Steak Pies

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), British Beef 25%, potato flour, onion flour, colour E150c, **Maize** flour, flavour E621.

Individual Cheese & Onion, Plate and 10 Portion Cheese & Onion Pies

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), Cheddar **Cheese**, onions, **Milk**, potato flour, cornflour.

Traditional Pasties

Ingredients:

Vegetables (30%) (Potatoes, carrots, onions, swedes, turnips, garden peas), British Beef 8%, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), water, salt, vegetable fat (rapeseed, palm, coconut), animal fat (pork, beef), colour E150c, **Maize** flour, flavour enhancer E621, spice.

Beef Dinky & Beef Stand Pies

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), British Beef 20%, gelatine, carrageenan, potassium chloride, rusk (**wheat**), pepper.

Pork 4oz & Pork Stand Pies

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, **Rice** flour, British Pork 20%, animal fat (pork), water, **Milk**, gelatine, carrageenan, potassium chloride, rusk (**wheat**), preservative E250, spices, Emulsifier E451, flavour enhancer E621.

Sausage Rolls

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), Pork 11.5%, Rusk (**wheat**), colour E150c, **Maize** flour, flavour enhancer E621, **Milk**, spice, **Soya** flour.

Plate & Saucer Apple Pies

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, colour E150c, Bramley Apples, dextrose, potassium sorbate E223, citric acid, **Sulphur Dioxide**.

Plate & Saucer Rhubarb Pies

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, colour E150c, English Rhubarb, dextrose, potassium sorbate E223, citric acid, **Sulphur Dioxide**.

Plate & Saucer Bilberry Pies

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, colour E150c, Polish Bilberries, dextrose, potassium sorbate E223, citric acid, **Sulphur Dioxide**