

The European Parliament's Food Information to Consumers Act



Declaration of Ingredients and Allergens 2014

Catering Products Hot Food

Allergy advice

For allergens see ingredients in bold

Index

Page 4

Potato Pie

Red Cabbage

Steak & Ale Pie

Chilli-Con-Carne

Chicken Curry

Roast Vegetable Curry

Page 5

Boiled Rice

Parsley New Potatoes

Apple Pie & Cream

Cream of Vegetable Soup

Roast Tomato & Basil Soup

Cheese & Broccoli Soup

Page 6

Broccoli & Cauliflower Soup

French Onion Soup

Roast Chicken & Stuffing

Roast Topside of British Beef

Roast British Lamb

Roast British Pork

Steak Chasseur

Page 7

Home Made Sherry Trifle

Mandarin & Cointreau Gateau

Blackforest Gateau

Profiteroles & Hot Chocolate Sauce

Home Made Strawberry Tart

Page 8

Baileys & White Chocolate Cheesecake

Wild Berry Compote & Shortbread biscuit

Potato Pie

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), British Beef (10%), potatoes, onions, colour E150c, **Maize** flour, flavour E621.

Red Cabbage

Ingredients:

Red cabbage, water, acetic acid, salt spirit vinegar, lactic acid.

Steak & Ale Pie

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), British Beef (12.5%), potato flour, onion flour, colour E150c, **Maize** flour, flavour E621, Stout (**Barley**).

Chilli-Con-Carne

Ingredients:

British Beef (12.5%), **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), potato flour, onion flour, colour E150c, **Maize** flour, corn starch, tomato, paprika, salt, yeast extract, garlic, sugar, cumin, oregano, chilli powder.

Chicken Curry

Ingredients:

Chicken Breast (12.5%), water, Tomato puree, onions, Vegetable oil (Rapeseed), tomato paste, coriander leaf, sugar, yogurt (**Milk**), ginger, salt, **Maize** starch, nutmeg, bay leaf, oregano, chilli powder, cumin, pepper, turmeric, **Mustard** flour, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), potassium sorbate, citric acid.

Roast Vegetable Curry

Ingredients:

Peppers, water, Tomato puree, onions, Vegetable oil (Rapeseed), tomato paste, coriander leaf, sugar, yogurt (**Milk**), ginger, salt, **Maize** starch, nutmeg, bay leaf, oregano, chilli powder, cumin, pepper, turmeric, **Mustard** flour, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), potassium sorbate, citric acid.

Boiled Rice

Ingredients:

Long grain Rice, water, salt.

Parsley New Potatoes

Ingredients:

Potatoes, Butter (**Milk**), Parsley, salt, spices.

Apple Pie & Cream

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, colour E150c, Bramley Apples, dextrose, potassium sorbate E223, citric acid, **Sulphur Dioxide**, Fresh cream (**Milk**).

Cream of Vegetable Soup

Ingredients:

Water, vegetable oil (rapeseed), potato starch, onions, celeriac, white cabbage, asparagus, garden peas, leeks, salt, lactose, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), chives, turmeric, pepper, maltodextrin, fresh dairy cream (**Milk**).

Roast Tomato & Basil Soup

Ingredients:

Water, potato starch, tomato puree, sugar, tomatoes, vegetable oil (rapeseed), salt, onions, maltodextrin, lactose, beetroot juice, basil, marjoram, pepper, citric acid, yeast extract, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1).

Cheese & Broccoli Soup

Ingredients:

Water, vegetable oil (rapeseed), potato starch, broccoli, onion, stilton cheese (**Milk**), yeast extract, salt, lactose, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), spinach powder, nutmeg, pepper.

Broccoli & Cauliflower Soup

Ingredients:

Water, vegetable oil (rapeseed), potato starch, broccoli, cauliflower, onion, milk protein (**Milk**), yeast extract, salt, lactose, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), spinach powder, nutmeg, pepper.

French Onion Soup

Ingredients:

Water, onions, vegetable oil (sunflower seed), potato starch, **Maize** starch, salt, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), sugar, tomato puree, caramel, nutmeg, pepper, yeast extract, monosodium glutamate.

Roast Chicken & Stuffing

Ingredients:

Fresh Roast Chicken, salt, pepper, sage, onion, **Soya** flour, vegetable oil (sunflower seed).

Roast Topside of British Beef

Ingredients:

Roast British Topside Beef, salt, pepper.

Roast British Lamb

Ingredients:

Roast British Leg of Lamb, salt, pepper.

Roast British Pork

Ingredients:

Roast British Leg of Pork, salt, pepper.

Steak Chasseur

Ingredients:

British sirloin steak, salt, pepper, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), tomato puree, garlic, mushrooms, parsley, **celery**, onion, caramel, basil, oregano, marjarum, rice flour,.

Home Made Sherry Trifle

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), sugar, thiamin (B1), salt, **Egg**, sugar, vegetable fat (rapeseed, palm), raising agents (E400, E450, E541), Sherry, Fresh Cream (**Milk**), mixed fruit jam (apple, plum), pectin, potassium sorbate E223, citric acid, glucose syrup, fruit cocktail, cherries, **Sulphur Dioxide**, emulsifier E481, **Soya** flour, colour E104.

Mandarin & Cointreau Gateau

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), sugar, thiamin (B1), salt, mandarin oranges, **Egg**, sugar, vegetable fat (rapeseed, palm), raising agents (E400, E450, E541), Fresh Cream (**Milk**), mixed fruit jam (apple, plum), pectin, potassium sorbate E223, citric acid, glucose syrup, Cointreau liquor.

Blackforest Gateau

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), sugar, thiamin (B1), salt, Black Cherries, **Egg**, sugar, vegetable fat (rapeseed, palm), raising agents (E400, E450, E541), Fresh Cream (**Milk**), mixed fruit jam (apple, plum), pectin, potassium sorbate E223, citric acid, glucose syrup.

Profiteroles & Hot Chocolate Sauce

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), Fresh cream (**Milk**), **Egg**, raising agents (E400, E450, E541), salt, emulsifier E481, cocoa powder, cocoa solids, **Soya** flour.

Home Made Strawberry Tart

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, Fresh cream (**Milk**), Fresh strawberries, gelatine, pectin, potassium sorbate E223, citric acid, glucose syrup, colour E104.

Baileys & White Chocolate Cheesecake

Ingredients:

Sugar, Skimmed **Milk** Powder, Yoghurt Powder (**Milk**), Hydrogenated Vegetable Oil (rapeseed, palm) , Glucose, Syrup, Dried Full Cream **Milk** Powder, Emulsifiers: E471, E472a, E472e, E472b, **Soya**, Lecithin E322; Modified **Maize** Starch, Pork Gelatine, Flavouring, Dried Cheese Powder (**Milk**), Acidity Regulator: E330, Dried Whey Powder (**Milk**), Stabilisers: E412, E415, E410, Lactic Acid . **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, sugar; Raising agents (Sodium bicarbonate (E500), butter (**Milk**), Irish Cream Liqueur, cocoa powder, cocoa solids, water.

Wild Berry Compote & Shortbread biscuit

Ingredients:

Raspberries, blackberries, blueberries, loganberries, water, sugar, modified starch, citric acid, preservative E202, **Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), vegetable oil (Rapeseed), salt.