

# The European Parliament's Food Information to Consumers Act



## Declaration of Ingredients and Allergens 2014

### Cakes & Confectionary

# **Allergy advice**

**For allergens see ingredients in bold**

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### **Jam Puffs**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, mixed fruit jam (apple, plum), pectin, potassium sorbate E223, citric acid, glucose syrup.

### **Apple Puffs**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, colour E150c, Bramley Apples, dextrose, potassium sorbate E223, citric acid, **Sulphur Dioxide**.

### **Iced Round**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, mixed fruit jam (apple, plum), pectin, potassium sorbate E223, citric acid, glucose syrup.

### **Eccles Cakes**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), vine fruits (sultanas, currants), **Egg**, sugar, **Maize** flour, flavour enhancer E621, **Soya** flour.

### **Individual Scones**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), vine fruit (sultanas), vegetable fat (rapeseed, palm), raising agents (E400, E450, E541), Sugar, **Maze** flour, emulsifier E481, **Soya** flour.

### Wholemeal Scones

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), vine fruit (sultanas), vegetable fat (rapeseed, palm), raising agents (E400, E450, E541), Sugar, **Maze** flour, emulsifier E481, **Soya** flour.

### Cherry Scones

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), cherries, vegetable fat (rapeseed, palm), raising agents (E400, E450, E541), Sugar, **Maze** flour, emulsifier E481, **Soya** flour.

### Custard Tarts

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), **Milk**, sugar, **Eggs**, nutmeg.

### Almond Flavour Slice

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, mixed fruit jam (apple, plum), pectin, potassium sorbate E223, citric acid, **Egg**, glucose syrup, almonds, **Peanuts**, **Milk**.

### Chocolate Flavour Gateau Slice

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, cocoa powder, **Egg** (whole egg & egg white).

### **Carrot Cake Slice**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), **Milk**, sugar, carrots, **Egg**, potassium sorbate E223, citric acid, spice.

### **Cherry Crush Slice**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, carrots, **Egg**, cherries, **Milk**, potassium sorbate E223, citric acid.

### **Gingerbread Men**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), vegetable fat (rapeseed, palm), **Egg**, raising agents (E400, E450, E541), Sugar, **Maze** flour, emulsifier E481, **Soya** flour, whey powder (**Milk**), caramel E150.

### **Chocolate Caramel Slice**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, cocoa powder, **Egg**, caramel, **Milk**, potassium sorbate E223, citric acid.

### **Chocolate Crunch**

Ingredients:

Rolled **Oats**, sugar, vegetable fat (rapeseed, palm), cocoa powder, cocoa solids, **Milk** powder, **Soya** flour, vanilla flavouring.

### **Vanilla Slice**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), colour E150c, **Maize** flour, flavour enhancer E621, **Soya** flour, **Egg**, sugar, **Milk**, emulsifier E481, colour E104.

### **Tennis Buns**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), sugar, **Egg**, emulsifier E481, colour E104, **Milk**, potassium sorbate E223,

### **Bavarian Slice**

Ingredients:

**Wheat** flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, vegetable fat (rapeseed, palm), colour E150c, **Maize** flour, flavour enhancer E621, **Soya** flour, **Egg**, sugar, **Milk**, emulsifier E481, colour E104, mixed fruit jam (apple, plum), pectin, potassium sorbate E223, citric acid, glucose syrup.