

The European Parliament's Food Information to Consumers Act



Declaration of Ingredients and Allergens 2014

Bread & Morning Goods

Allergy advice

For allergens see ingredients in bold

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Baguettes White & Wholemeal

Multigrain Baguettes

White Bread

Ingredients:

Wheat flour, water, calcium carbonate, iron, niacin (B3), thiamin (B1), salt, yeast, vegetable fat (rapeseed, palm), sugar, ascorbic acid, **Soya**, whey powder (**Milk**)

Hovis

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3), thiamin (B1) salt, yeast, vegetable fat (rapeseed, palm), sugar, ascorbic acid.

Multigrain Bread

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3), thiamin (B1) salt, yeast, vegetable fat (rapeseed, palm), sugar, ascorbic acid, **Soya** flour, whey powder (**Milk**), linseeds, maw seeds, **Oats**, sunflower seeds **Sesame** seeds,.

Wholemeal Bread

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3) thiamin (B1) salt, yeast, vegetable fat (rapeseed, palm), sugar, ascorbic acid, **Soya** flour, whey powder (**Milk**)

Ciabatta

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3) **Rye** flour, **Barley** flour, thiamin (B1) salt, yeast, vegetable fat (olive oil), sugar, ascorbic acid, **Soya** flour.

Panini

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3)

Rye flour, **Barley** flour, thiamin (B1) salt, yeast, sugar, ascorbic acid, **Soya** flour.

Teacakes

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3)

thiamin (B1) salt, yeast, vegetable fat (rapeseed palm),

sugar, ascorbic acid, **Soya** flour, whey powder (**Milk**).

Brown Teacakes

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3)

thiamin (B1) salt, yeast, vegetable fat (rapeseed palm),

sugar, ascorbic acid, **Soya** flour, whey powder (**Milk**).

Fruit Teacakes

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3), thiamin (B1)

sultanas, currants, salt, yeast, vegetable fat (rapeseed palm),

sugar, ascorbic acid, **Soya** flour, whey powder (**Milk**) .

Oven Bottom Muffins

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3)

thiamin (B1) salt, yeast, vegetable fat (rapeseed palm),

sugar, ascorbic acid, **Soya** flour.

Finger Bunnies

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3) thiamin (B1) salt, yeast, vegetable fat (rapeseed palm), sugar, ascorbic acid, **Soya** flour, whey powder (**Milk**).

Dinner Cobs

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3) thiamin (B1) salt, yeast, vegetable fat (rapeseed palm), sugar, ascorbic acid, **Soya** flour, whey powder (**Milk**).

Multigrain Oven Bottom Muffins

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3), thiamin (B1) salt, yeast, vegetable fat (rapeseed, palm), sugar, ascorbic acid, **Soya** flour, **Oats**, linseeds, maw seeds, **Sesame** seeds, sunflower seeds.

Baguettes White & Wholemeal

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3), thiamin (B1), salt, yeast, vegetable fat (rapeseed palm), sugar, ascorbic acid. whey powder (**Milk**)

Multigrain Baguettes

Ingredients

Wheat flour, water, calcium carbonate, iron, niacin,(B3), thiamin (B1) salt, yeast, vegetable fat (rapeseed, palm), sugar, ascorbic acid, **Soya** flour, whey powder (**Milk**), linseeds, maw seeds, **Sesame** seeds, sunflower seeds, **Oats**.